Winter 2022-2023

## **RTOERO District 31 Wellington**

# **Report Thirty-One**

PRESIDENT'S MESSAGE

Nancy Baker

I feel honoured, and a little overwhelmed, to take on the role of RTO District 31 president but will try to fulfill the role as expertly as the previous presidents. We have a wonderful group of volunteers on the executive, who have already shown themselves to be dedicated and supportive. It was wonderful to see, in person, everyone that attended the fall luncheon at the Italian Canadian Club in October. The happy faces, the excellent food, and the enjoyable entertainment all helped to make this first luncheon in years a definite success. Your executive hopes to continue in person activities in the coming year, while also making it possible for anyone who wishes to practice safety measures, like mask-wearing.

## Upcoming District 31 Events:

- The social committee is planning for our spring luncheon in May and hoping to resume the Bring a Book campaign to collect books for the Action Read Literacy Centre.
- The fall luncheon may see the return of the Arts and Crafts Show and Sale this year.
   So, if you are interested in taking part in this or co-ordinating the event, please contact someone on the executive.
- The Travel Committee is planning for day trips in the spring and fall. Please check out the Travel Report for more information.
- The Wellness Committee is hoping to present a Health and Wellness Day this year.
- There is a Retirement Planning Workshop scheduled for the spring, so, if you know anyone who is nearing retirement and may be interested, please pass on the information that will be made available soon.

I hope everyone had a peaceful and enjoyable Christmas and New Year's holiday with family and friends. The new year has so many possibilities, and it is exciting to look forward to all that could happen.

www.rto31.org

It is also sometimes difficult to stay positive when we listen to all the dire predictions concerning interest rates, inflation, recession, market volatility, and lingering pandemic impacts. The cold dark days of winter can tend to make us feel low. I recently read a report on Health and Wellness prepared by Johnson Inc. that outlined a few strategies to practice self care to help reduce stress. I thought I might pass these on to you:

- The first suggestion to boost self care is as simple as taking a brisk walk and enjoying the sunshine (when you can find some).
   Even fifteen minutes will work.
- Try a little micro-meditation which is just a simple short meditation process. There are apps (Calm or Headspace) that can assist with this.
- Take a temporary screen time break to avoid information overload. Even five minutes with your phone turned off to try a little micromeditation or just to brew and enjoy a cup of herbal tea would be beneficial.
- Another very important suggestion is to use positive self talk. Sit with one hand on your heart and one on your belly, take a few deep breaths and repeat a positive mantra. ("I'm enough, just as I am."; "I've got this."; or "I have the power to create change.")

Enjoy the sunshine when it appears, and the beautiful snow when it falls and I will look forward to seeing you at some of our functions this year.



## DISTRICT 31 Wellington



2023 will offer many opportunities for all of us to become advocates for our environment, seniors, and fellow citizens.

First of all, thank you to our District 31 members who walked the picket lines at local MPP offices with the CUPE members who were protesting Bill 28 - the Ford Conservative government's legislation that stripped CUPE education workers of the right to strike and collectively bargain.



The Canadian Charter of Rights and Freedoms provides citizens with the right to free and fair collective bargaining and the courts have held that the government cannot use their legislative powers to remove those rights. Sadly, the Ford Government invoked the Notwithstanding Clause of the Charter - a provision that is to be used only in extreme situations like national emergencies - to deny workers their fundamental rights.

It was very heartening to see both the labour movement and many sectors of the public rally behind CUPE in their fight against this threat to some of our fundamental rights. In view of a united labour force and a very angry public, Premier Ford announced that Bill 28 would be rescinded and there was a return to the bargaining table. Some members of District 31 were part of this protest and we thank them for their care and participation. This was an example of political advocacy at its best.

With this in mind, it is hoped that all citizens will continue to unite in the fight to save our environment. Working to protect our environment is one of the major objectives of RTOERO and already many of our members are joining the ongoing and continuing protests and campaigns to fight against the following initiatives and to advocate for our environment.

- Bill 23, in addition to gravely threatening the Greenbelt, will exempt developers from having to pay development fees to municipalities. Without these fees, municipalities will not be able to pay for needed infrastructure in new housing developments unless, of course, municipal property taxes are substantially increased.
- The Ford government is pushing forward with plans to build two new highways, Highway 413 and the Bradford Bypass, in spite of their impact on waterways and farmlands in the Holland Marsh area. According to most experts, these highways will do little to reduce driving times for commuters but they will increase carbon emissions at a time when we should be trying hard to reduce them.
- The Ford government has also removed Conservation Authorities who are the guardians of our wetlands, waterways, farm and forest lands from having any say in local development decisions, including barring municipal governments from even consulting with these organizations if they have concerns about the effects of development.
- In addition, the Ford government has recently announced that they will build natural gas plants to meet the growing electricity demands rather than relying on green energy sources. Experts agree that this action will make it impossible for Ontario - and Canada - to meet greenhouse gas emission reduction targets. A recent report also indicates this plan could result in an increase for electricity rates because fossil fuel prices are almost certain to continue to rise.

There is much work to be done to advocate for the environment and many ways to become involved with other citizens who are working hard to preserve our environment for future generations.

Ending on a positive note, one initiative has

become reality after citizens lobbied and advocated for years. The federal government has banned the manufacture and import of harmful, single-use plastics:

- plastic check-out bags
- plastic cutlery
- food serviceware made from or containing problematic plastics



## **HEALTH BENEFITS**

Shirley Goodbrand

## <u>Health Plan</u>

If you are using Express Scripts maintenance drug plan, the dispensing fee will be \$8.99 as of January 19, 2023.

Premiums for our health plan are increasing for 2023 due to several factors:

- In 2021, there was a reduction in claims due to the pandemic resulting in a 3% reduction in premiums. In 2022, premiums were not increased despite increased usage and costs.
- Costs of goods and services continue to increase in all areas of the health plans.
- Use of the plan is back to pre-pandemic levels.
- Travel is back to pre-pandemic levels and many members are planning to make up for postponed travel.

Starting January 1, 2023, you must submit your claims within **six months** from the date the expense was incurred. For more about submitting your claims, go to <u>rtoero.ca/insurance/claims</u>.

### <u>Travel</u>

For complete details about travel coverage, refer to the 2023 Insurance Plan Booklet

<u>rtoero.ca/resources/insurance-plan-update</u>. A printed version of the booklet will be sent to all members in February 2023.

**Several improvements to Travel Insurance** took effect on January 1, 2023:

 The maximum for emergency treatment for accidents increases to \$5 000 per Insured. The emergency dental pain relief benefit maximum increases to \$600 per insured member.

- A new benefit provides coverage up to \$5,000 for remote evacuation from a mountain, sea or other remote location to the nearest accessible point.
- You will now be eligible for an additional covered event when you must cancel your trip or miss a connection when caused by the schedule change of the common carrier that is providing transportation for a portion of your trip.
- If there is a medical emergency in which you are transported back home, you will now be covered for your baggage to be returned to your province for up to \$500.
- Many travellers are opting for a teleconsultation for the diagnosis of a medical condition. Telemedicine will now be an acceptable way to diagnose an emergency medical condition for interruption benefits while on a trip.
- A new benefit will provide coverage up to \$400 per insured person to a maximum of \$1000 per family for the purchase of necessary toiletries and personal clothing as a result of your checked baggage being delayed more than 12 hours after your arrival. Purchases must be made within 36 hours of arrival at your destination and prior to receipt of the baggage.
- Coverage will be added for trip interruption or delay if your passport (or other government-issued document required for travel) is lost or stolen while travelling. The loss or theft must be reported to police or appropriate local authorities within 24 hours of discovery and supported by a police report or, in writing, by the appropriate local authorities.
- You will now be covered for trip cancellation and trip interruption if your destination is affected by a natural disaster.
- If your service, therapy or emotional support dog is ill, gets injured or dies when travel arrangements have been made for the dog to accompany you on your covered trip, you will now be covered for trip cancellation and trip interruption.

## JOHNSON Inc.

rto-ero.johnson.ca 1-877-406-9007 or 416-920-7278 Claims: pbclaimsontario@johnson.ca Service: healthbenefits@johnson.ca

## PENSION AND RETIREMENT **CONCERNS REPORT**

Marina Howlett

## Inflation Adjustments Effective January 1, 2023

- **Ontario Teachers' Pension Plan** 6.3% (OTPP)
- Ontario Municipal Employees Retirement System (OMERS) 6.0%
- Canada Pension Plan (CPP) 6.3 %
- Ontario Pension Plan (OPB) 6.3%

## Old Age Security (OAS) Quarterly Inflation

Adjustment (January, April, July, October) Effective January 1, 2023, the monthly payment will be:

- \$756.33 if you are 75 years or older; and
- \$687.56 if you are 60 to 74.

The OAS will be clawed back when the net income from all sources exceeds \$81 761. If your net income exceeds \$133 141 (ages 64 to 74) and \$137 351 (75 and older), there will be no monthly OAS payment. The clawback is determined each vear after the Notice of Assessment has been completed for the previous year.

### Reminders:

- Each person has to apply for the OAS prior to age 65.
- Your OTPP will be reduced when you reach age 65 to reflect the deduction for the CPP offset.
- The deduction for the CPP offset starts in the month you reach age 65.
- For further information about the CPP offset, please contact Marina Howlett at 519-836-8585.

## Surpluses: a silver lining for pensions

Toronto Star - January 5, 2023

Markets got hit hard last year but your pension plan could be in better shape than might be expected and it's largely due to the steady increase in interest rates. Rising interest rates helped push many defined-benefit pension plans into surplus territory. Mercer Canada reported that the financial health of defined benefit pension plans has improved despite the volatility witnessed in 2022. This improved status was primarily driven by the

increase in interest rates.

The Mercer database showed <u>79%</u> of the plans that they managed were estimated to be in a surplus position (up from 61% in 2021). An additional 12% had solvency ratios between 90% and 100%; 4% had solvency rates between 80% and 90% and 5% had solvency rates less than 80%.

The Mercer report also indicated that it was a rough year for defined contribution plans, group TFSA's and group RRSP's.

The complete article is available from the Toronto Star, January 5, 2023.

The end of year surplus/deficit of each plan will be released in the OTPP and OMERS annual reports. These reports will be available later this year.

## **GOODWILL REPORT**

Joyce Barnes

"Each New Year, we have before us a brand new book containing 365 blank pages. Let us fill them with all the forgotten things from last year – the words we forgot to say, the love we

forgot to show, and the charity we forgot to offer." Peggy Tooney Horton

The RTOERO District 31 Goodwill Committee continues to volunteer on your behalf to care for our members. Thanks are extended to the 2022 Goodwill Committee consisting of Brenda McGinnis, Marina Howlett, Nancy Baker, Mary Hermann, Marg Hall, Irene Simmons and Joyce Barnes who were involved with sending more than 350 birthday cards and 370 Christmas cards to our members who are 80 years plus. Thirty sympathy, get well and congratulation cards were sent to members. Twenty-seven roses and floral arrangements were sent to our members who celebrated their 90<sup>th</sup>, 95<sup>th</sup>, and 102<sup>nd</sup> birthdays.

Marg Hall has been a member of the Goodwill Committee for over 25 years and retired from this committee on December 31, 2022. A floral arrangement was sent to Marg in appreciation of her dedication and caring. We wish her good health and happiness in her future.

We welcome Irene Simmons who joined the committee in 2022 and to Sherry Fleming who has joined us for 2023.

Please help the Goodwill Committee to continue to share and care for our members by keeping us informed of their needs. Please contact any Goodwill Committee member listed below:

> 519-848-2351 Joyce Barnes joyce.barnes@sympatico.ca Brenda McGinnis 519-824-5263 dmcginc602@rogers.com Marina Howlett 519-836-8585 howlettmarina@gmail.com Nancy Baker 519-822-6653 nancyida@sympatico.ca Mary Hermann 519-821-3892 maryhermann@rogers.com Irene Simmons 519-836-8646 irene@isimmons.ca Sherry Fleming 519-831-6639 sherryf3@gmail.com

Keep smiling, Joyce Barnes

## In Memoriam

*"In the memory of our friends who touched so many lives and brought such happiness."* 

RTO District 31 extends sympathy to all the families and friends of our departed loved ones:

Beverley Billingsley Dorothy Comfort Doug Cook James Goring Joan Gross Patricia Howard William Johnson Nick Kaethler Norman Leisk Harland Lichti Shirley Lyle Beth MacLellan Margaret McFadzen Marv Morsman Madeline Redmond Juanita Smart Karen Welch John Wheatley

East Garafraxa Guelph Mount Forest Rockwood Guelph Rockwood Hartington Ottawa Harriston Toronto Fergus Mississauga Guelph Arthur Mount Forest Guelph Elora Fergus





## **MEMBERSHIP REPORT**

Scott Montgomery

These first few months of the year bring new hopes, new plans, and new adventures to pursue.

Our most recent membership numbers include:

- 1385 retired educators
- 60 actively working RTOERO members
- 74 members are over the age of 90
- 13 of our members are under the age of 54

If you have friends who are still working in schools, please remind them that they can join RTOERO before they retire without an annual fee. When they retire, the annual membership fee and benefit fees are less than other educational insurance plans.

We welcome our newest members:

Kate Creery Marilyn Dietriech Bernard MacLelland Martin Traynor Laurine Soligo Martin Traynor



## SOMETHING TO SHOUT ABOUT

Brenda McGinnis

District 31 is blessed with many talented and creative members who are engaged in many interesting and exciting activities. We continue to feature some of these achievements in our newsletters. Please let our executive know about any of our members who are involved in interesting adventures or who have received awards or special recognition for their work. We would like to acknowledge and celebrate and support the accomplishments and endeavours of our members.

**Nancy Baker** is working hard behind the scenes preparing for the Elora Grand Way Dinner Theatre production of *Sweet Delilah Swim Club* which runs from January 26<sup>th</sup> to February 5<sup>th</sup>. Tickets can be purchased at <u>thegrandway.com</u>.

Ken Graham continues to inspire people to support

Sleeping Children Around the World (SCAW). Ken was unable to attend the Guelph Wellington Retired Women Teachers' December luncheon in person but he sent a message promoting SCAW just as he has done for the past 17 years since his wife, Ann Graham, passed away. SCAW is a registered Canadian Charity founded in 1970 by Murray and Margaret Dryden who believed that every child should have a good night's sleep. Bed kits are given by volunteers to children in under developed countries. Items in the bed kits are produced locally to eliminate the cost of transportation and to provide employment for the local people. 100% of the money donated goes directly to a bed kit. All volunteers - administrative, travelling and overseas - pay totally for their own expenses. Since travel restrictions have been eased, distributions of kits will increase significantly in 2023. Ken has personally gone on 18 different distributions!

Many if not most of the **members of Guelph Wellington Retired Women Teachers** are also members of District 31. Members donated \$7,200 to SCAW this past Christmas and are gearing up to donate to Guelph Wellington Women in Crisis at their Spring Luncheon.

## Josephine Scott and J.O.E. (Jobs,

**Opportunities, Employment)** once again served coffee, tea, treats, and jokes at our Fall Luncheon. This was our first in-person event since COVID hit us and J.O.E. added a great deal to our celebration. J.O.E has been very busy during the pandemic. Among many activities, they have designed postcards for Seniors Homes, Front Line Health Workers and people experiencing food insecurities and living without shelter; raised over \$4,000 for homelessness; created cards of hope and care for the children of the Ukraine: tended. nurtured and harvested organic produce for farm to table programs at the Well Being Garden; worked with the Helper Bees to make sandwiches and offered other necessities to Your Downtown Guelph Friends; launched Socktober which helps our community "Feet First" which offers support to folks in need; and worked for the Guelph Tool Library where they sorted and displayed donated clothing for the BIG SWAP and where 7,000 items were collected. They also walked the runway at the Circular Fashion Festival to the roaring applause of the crowd. District 31 remains a proud supporter of J.O.E., one of our Project Service to Others recipients.

**Pam Niesiobedzki-Curtis** and her team will be presenting *Perils of Persephone* by Dan Needles in mid-April. Guelph Little Theatre will be performing this amazing comedy about toxic dumps, radioactive waste, fossils, cows, and, of course, damage control as the Township Reeve and the MPP endeavour to cover up their nuclear mishap. You are encouraged to come out and see this truly unique Canadian Theatre experience.

Joe Tersigni was honoured with the award he created. Guelph Today reported that Joe received the National Leadership Award by Our Lady of Lourdes Catholic High School. The award was started by Joe to recognize important members of society and to allow students to share the company of these people and learn something from them in terms of leadership, life, and following your dreams. Previous recipients of the award included Lincoln Alexander, the longtime University of Guelph chancellor, first Black Canadian MP and former Lieutenant Governor of Ontario; hockey heroes like Mats Sundin and Lourdes grad and Maple Leafs Assistant coach Manny Malholtra; the late frontman for the Tragically Hip Gord Downie; the late Ronnie Hawkins; Olympic Champion Penny Oleksiak; and politicians such as then MP but now Prime Minister Justin Trudeau, as well as former prime ministers Brian Mulroney and Paul Martin. Joe's plague was added to the wall of recipients - just steps from the very classroom in which he taught.



## Social Media

Check out our RTOERO District 31 — Wellington — Facebook Page <u>@rtoerodistrict31wellington</u> and our website <u>rto31.org</u> for up to date information. Let Rick Goodbrand (FB) or John Ritchie (Web site) know about activities and good news items that you believe are of interest to our RTOERO District 31 members.

### **Student Scholarships**

Every year RTOERO awards 20 scholarships of \$3000 each to post secondary students in certain programs. The deadline this year was January 13th. Please check <u>RTOERO.ca/menu/giving</u> <u>back/scholarships</u> this fall for the 2024 application



and criteria and deadline.

## Community Grants (formerly known as Project Service to Others)

Do you know of a group in our community whose activities support RTOERO's strategic goals of:

- Be the trusted voice for the broader education community?
- Improve the lives of members and seniors?
- Broaden the membership base?

Please contact me and provide the group's contact information. The deadline is coming soon. Application and criteria are available at <u>RTOERO.ca/menu/giving back/grants</u>. Applications must be made by the district, not individuals. A few past projects that District 31 has supported include Guelph Little Theatre; One by One, the Latin America project; Food and Friends; J.O.E. and Connecting Food and Nature.

## Guelph Wellington Coalition for Social Justice (GWCSJ)

We continue to be a member of the GWCSJ for 2023. GWCSJ is active at the Guelph Market each Saturday at the Big Umbrella. GWCSJ is also active in planning, preparing and serving the Royal City Mission meals once a month. GWCSJ members work together to actively support the fight against the privatization of education and healthcare in Ontario and the destruction of our environment, including the Greenbelt. Volunteers are welcome and should contact Mark Berardine — <u>mberardine@hotmail.com</u>.

## RTO District 31 Executive 2022-2024

### **Executive Position**

Past President President 1<sup>st</sup> Vice Pres 2<sup>nd</sup> Vice Pres Secretary Treasurer Foundation Goodwill Governance Health/Benefits Membership/Recruitment Newsletter Editor Pension/Retirement Concerns **Political Advocacy** Social Media Travel

Webmaster/Email Manager

Counsellors

## Name M.Anne Smith Nancy Baker Richard Goodbrand Tim Cunningham Joan Miller Mike Curtis Joan Berry Joyce Barnes Marina Howlett Shirley Goodbrand Scott Montgomery Scott Montgomery Marina Howlett

Brenda McGinnis Richard Goodbrand Pam Niesiobedzki Lenore Ralph John Ritchie

Patrick Bruder Mary Hermann Amanda Leathem

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905-877-4134 519-822-1596 519-821-5894

## **FINANCIAL REPORT**

Mike Curtis

## **RTOERO** District 31

as of December 31, 2022

Income	
Annual RTOERO Rebate	22 322.20
RTOERO Political Action Grant	800.00
Travel Account Refund	915.20
Community Grant	4 000.00
Fall Luncheons	1 048.00

#### Total 29 085.40

Expenses		
Goodwill	2 502.44	
Executive	44.06	
District - meetings	5281.83	
RTOERO Senate	738.28	Tł
Newsletter	4 451.68	at
Office	239.98	Li
Travel	176.50	D
Website	272.73	
Membership Fee G/W Com. for Social	50.00	

## Donations:

Samaritan's Purse (Ukraine Relief)	1 000.00
Guelph Humane Society (In Memoriam)	50.00
Guelph/Well. Com. 4 Soc Justice (all	
Candidates Meeting)	800.00
Arthur United Church (In Memoriam)	50.00
Christmas donations (five charities as	
per executive motion)	500.00
Elora Community Theatre	500.00
RTO Foundation	200.00
Community Grant (Focus on Nature)	4 000.00

## Scholarships:

Vivi Chau, Lourdes	200.00
Cailynn Bude, CHSS	200.00
Evan Claytor, Bishop Maconnell	200.00
Jakob Johnson, Erin District High School	200.00

Total		21 657.50
Surplus		7 427.90
Bank Balance	*	∗ 35893.05



**RTOERO** District 31 Cheque Presentation to Deb Stanson with the Elora Community Theatre by Past President M. Anne Smith

## **TRAVEL REPORT**

Lenore Ralph and Pam Niesiobedzki

## SPRING TRAVEL WITH RTO District 31

he Travel Committee is looking at a May theatre trip to ighthouse Theatre in Port Dover, Ontario. It would include:

- a lunch at THE COVE at Erie Beach Hotel and
- an afternoon performance of Come Down From Up River by Norm Foster.



Shaver Bennett lives in the woods in northern New Brunswick, where he has kept to himself for most of his life. And then one day, he arrives at the door of his estranged sister's daughter, Bonnie, whom he hasn't seen in 20 years. Bonnie and her wife Liv, welcome Shaver into their lives in this sweetly moving, fish-out-of-water tale.

The performance would be one of the following dates:

- Tuesday, May 23<sup>rd</sup> or
- Thursday, May 25<sup>th</sup>. •

This will be dependent upon ticket availability when we have the final number to book.

Pick up locations would be set based upon the number of people coming from a specific area.

Final prices have not been set yet but we are looking at something in the range of \$135.



Refer to the next page for more details.

If this trip interests you, please email us at <u>RTOtravel@gmail.com</u>. Include:

- your name,
- email and phone number,
- date preference and
- if you have any mobility issues.

Thank you.

## UNIQUE SENIOR OUTING

 To book you can use the accompanying form or call Lynn Vanschaik at 519-837-9690 x 116 or email Ivanschaik@guelphstorm.comS Price of \$120.00 plus HST includes:

- \* three 2:00 pm afternoon games at the Sleeman Center
- \* Game Day Tickets in sect. 117, 118, 119, 120
- \* Red Care service from specified spots to and from the Sleeman
- \* exclusive gift from the Storm
- accessible seating can be arranged
- family members and friends can purchase and join you

#### Games

- \* Game 1: Sun., Jan. 29 vs Sudbury Wolves
- \* Game 2: Sun., Feb. 5 vs Kitchener Ranges
- \* Game 3: Sun., Feb. 26 vs London Knights

## Senior Outing Guelph Storm Hockey Games 2022-2023

Order with Lynn Vanschaik 519-837-9690 ext. 116, lvanschaik@guelphstorm.com Senior Group Outing

NAME 1:		Do you need accessible seating? Yes or NO
		coaling: too of the
NAME 2:		
Senior Organization:	PROBUS	
ADDRESS: CITY/PROVINCE:		
PHONE NUMBER:		
E-MAIL ADDRESS:		



#### **PRICING INFORMATION:**

TYPE OF TICKET (REG SEATS)	# OF Tickets	3 Games	3 Games Taxes included	Total
ADULT		\$120.00 X 13% =	\$135.60	
STUDENT/SENIOR		\$120.00 X 13% =	\$135.60	
CHILD		\$120.00 X 13% =	\$135.60	
Section: Row: Seat Number:				
		Total Owing		

Purchase 3 games Sunday, Jan 29 vs Sudbury 2:00pm Sunday, Feb 5 vs Kitchener 2:00pm Sunday, Feb 26 vs London 2:00pm 3 games for \$120.00 x HST = 135.60 includes Transportation to and from the game.

Price Include:

- Game day ticket in section 117,118,119,120
- Front door shuttle service via Red Car Service with pickup at Evergreen Centre or VBA
- Exclusive Gift from Guelph Storm Hockey will be handed
  out at first game.
- Guelph Storm Personal to take you to your seats via elevator
- Accessible seating can be arranged
- Family members and friends of guests are invited to purchase and join you.

CARD NUMBER: \_\_\_\_

EXP. DATE: \_\_\_\_\_

CVV# \_\_\_



RTOERO District 31 c/o Mike Curtis, Treasurer 9450 Copeland Path, RR#2 Erin, ON N0B 1T0

#### Change of Address or Status

It is imperative that, if you have changed: your postal address your email address your phone number or your status,

#### you contact:

OTPPB (5650 Yonge St., Toronto M2M 4H5 or 1-800-361-0105) RTOERO (<u>rtoero.ca</u> or 1-800-361-9888) -Ask for Membership, or email membership@rtoero.ca.

#### **REPORT THIRTY-ONE**

National Office sends out monthly membership lists which we use to create a database for sending out newsletters. Every attempt is made to ensure that this information is correct and up-to-date. If you are receiving this newsletter by post, we encourage you to consider changing to the emailed version to save paper and Canada Post charges.

> REPORT THIRTY-ONE is published three times a year by RTOERO District 31. Acting Publisher: M. Anne Smith